

Year 6

Preventing Early Use

Lesson 1: Cannabis

Lesson 2: VSA and Getting Help

Lesson 3: Help, Advice and Support

Programme of Study:

Core Theme 1:

Health and Wellbeing

2. how to maintain physical, mental and emotional health and wellbeing

6. how to make informed choices about health and wellbeing and to recognise sources of help with this

7. how to respond in an emergency

8. to identify different influences on health and wellbeing

-which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety
-to differentiate between the terms 'risk', 'danger' and 'hazard'.

-that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media.

Lesson 1

Learning Intention

To understand the effects, risks and law relating to cannabis

Learning Outcomes

To know what effect cannabis can have on your health and life

To know the legal consequences of using cannabis

Lesson 2

Learning Intention

To understand the risk of volatile substance abuse (VSA)

Learning Outcomes

To know the effects and risks of volatile substance abuse

To know how to get and to give help

Lesson 3

Learning Intention

To be aware of the options for getting help, advice and support

Learning Outcomes

To have practised communicating with adults

To know how to access help and support

Key Vocabulary: cannabis, volatile substances, accident, dangerous, unconscious, breathing, choking, sniffing, inhaling, recovery, first aid, emergency