

Year 5

Legal and Illegal Drugs

Lesson 1: Legal and Illegal Drugs

Lesson 2: Attitudes to Drugs

Lesson 3: Peer Pressure

Programme of Study:

Core Theme 1:

Health and Wellbeing

2. how to maintain physical, mental and emotional health and wellbeing
6. how to make informed choices about health and wellbeing and to recognise sources of help with this
8. to identify different influences on health and wellbeing
 - which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety,
 - to differentiate between the terms 'risk', 'danger' and 'hazard'
 - that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media

Lesson 1

Learning Intention

To explore a range of legal and illegal drugs, their risks and effects

Learning Outcomes

To know about a range of legal and illegal drugs

To have some understanding of the effects and risks of illegal drugs

Lesson 2

Learning Intention

To have considered the children's attitudes and beliefs about drug use and drug users

Learning Outcomes

To explore attitudes to drug use

To understand that all sorts of people may misuse drugs

To challenge myths about drug use

Lesson 3

Learning Intention

To have considered strategies to resist drug use

Learning Outcomes

To know a range of skills to resist peer pressure

To develop some assertiveness skills

Key vocabulary: legal, illegal, alcohol, medicine, nicotine, caffeine, solvents, volatile, substance, cannabis, stimulant, depressant, hallucinogen, stereotypes